



St. Andrew's Chiropractic & Wellness

MASSAGE THERAPY PATIENT HEALTH HISTORY FORM

14845 Yonge St. Unit 4 ▪ Aurora, ON ▪ L4G 6H8

905-727-6500 ▪ www.standrewschiro.ca

Name: _____ Date of Birth: _____ Sex: M / F

Address: _____ Apt. # _____

City: _____ Postal Code: _____

Home Phone: _____ Work/Cell/Other Phone _____

E-mail: _____

Occupation: _____ Employed by: _____

Family Doctor Name, Address and Phone Number: _____

Emergency Contact Name: _____ Phone: _____

How were you referred to our clinic? _____

Have you received massage therapy before? Y/N

Are you currently receiving treatment from another health care practitioner? _____

What is your primary complaint? _____

When did your symptoms begin? _____

Rate your pain level: (low) 0 - - - - 5 - - - - 10 (high)

Is this condition interfering with (circle all that applies):

WORK

SLEEP

DAILY ROUTINE

ACTIVITIES

Please list any current medications:

Please list any surgery/injuries/hospitalization (date, past & current):

Do you have any internal pins/wires/artificial joints? _____

What is your current overall health status? _____

Are your injuries as a result of: Motor Vehicle Accident Yes/No or Workplace injury (WSIB) Yes/No

Have you (or family member) experienced any of the following conditions? If so, please indicate which ones:

| Family History | | Family History | | Family History | |
|------------------------------|---|--------------------------------------|---|--------------------------------|--|
| Self | Self | Self | Self | Self | Self |
| <u>Cardiovascular</u> | | <u>Soft Tissue/Joint Pain</u> | | <u>Other</u> | |
| <input type="checkbox"/> | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> | <input type="checkbox"/> Neck | <input type="checkbox"/> | <input type="checkbox"/> Loss of sensation. Where: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> Low blood pressure | <input type="checkbox"/> | <input type="checkbox"/> Upper back/shoulders | <input type="checkbox"/> | <input type="checkbox"/> Diabetes. Onset: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> Chronic congestive heart failure | <input type="checkbox"/> | <input type="checkbox"/> Arms/hands | <input type="checkbox"/> | <input type="checkbox"/> Allergies. To what: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> Heart attack | <input type="checkbox"/> | <input type="checkbox"/> Mid back | <input type="checkbox"/> | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> | <input type="checkbox"/> Phlebitis/varicose veins | <input type="checkbox"/> | <input type="checkbox"/> Low back | <input type="checkbox"/> | <input type="checkbox"/> Cancer. Where: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> Stroke/CVA | <input type="checkbox"/> | <input type="checkbox"/> Hips | <input type="checkbox"/> | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> | <input type="checkbox"/> Pacemaker or similar device | <input type="checkbox"/> | <input type="checkbox"/> Legs | <input type="checkbox"/> | <input type="checkbox"/> Swelling in the ankles |
| <input type="checkbox"/> | <input type="checkbox"/> Heart disease | <input type="checkbox"/> | <input type="checkbox"/> Knees | <input type="checkbox"/> | <input type="checkbox"/> Bruise easily |
| | | <input type="checkbox"/> | <input type="checkbox"/> Feet | <input type="checkbox"/> | <input type="checkbox"/> Arthritis |
| | | <input type="checkbox"/> | <input type="checkbox"/> Other _____ | <input type="checkbox"/> | <input type="checkbox"/> Digestive conditions |
| <u>Respiratory</u> | | <u>Infections</u> | | <input type="checkbox"/> | <input type="checkbox"/> Hemophilia |
| <input type="checkbox"/> | <input type="checkbox"/> Chronic cough | <input type="checkbox"/> | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> | <input type="checkbox"/> Skin conditions/rash | <input type="checkbox"/> | <input type="checkbox"/> Mental illness |
| <input type="checkbox"/> | <input type="checkbox"/> Bronchitis | <input type="checkbox"/> | <input type="checkbox"/> TB | <input type="checkbox"/> | <input type="checkbox"/> Dizziness/Fainting |
| <input type="checkbox"/> | <input type="checkbox"/> Asthma | <input type="checkbox"/> | <input type="checkbox"/> HIV | <input type="checkbox"/> | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> Emphysema | <input type="checkbox"/> | <input type="checkbox"/> Herpes | | _____ |
| <input type="checkbox"/> | <input type="checkbox"/> Smoker? | | | | |
| <u>Head and Neck</u> | | <u>Women</u> | | <u>Gastrointestinal</u> | |
| <input type="checkbox"/> | <input type="checkbox"/> History of headaches | <input type="checkbox"/> | <input type="checkbox"/> Pregnant. Due: _____ | <input type="checkbox"/> | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> | <input type="checkbox"/> History of migraines | <input type="checkbox"/> | <input type="checkbox"/> Gynaecological issues. What: _____ | <input type="checkbox"/> | <input type="checkbox"/> Indigestion/heartburn |
| <input type="checkbox"/> | <input type="checkbox"/> Vision problems | | | <input type="checkbox"/> | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> | <input type="checkbox"/> Vision loss | | | <input type="checkbox"/> | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> | <input type="checkbox"/> Ear problems | | | | |
| <input type="checkbox"/> | <input type="checkbox"/> Hearing loss | | | | |

WHAT ARE YOUR GOALS FOR MASSAGE THERAPY? _____